

Calories / Fat gm / Net Carb gm / Fiber gm

Appetizers

Per serving (with four servings per item).

Spinach Artichoke Dip.....	312 / 19 / 26 / 3
Southwestern Spring Rolls.....	176 / 10 / 14 / 1
Queso Dip & Chips	308 / 19 / 25 / 2
Fire Wings	194 / 12 / 1 / 0
Fresh Avocado Quesadilla	185 / 15 / 12 / 2
Fresh Guacamole Dip.....	291 / 18 / 24 / 7
Thai Phoon Shrimp.....	194 / 13 / 11 / 1
Asian Dumplings	110 / 5 / 11 / 1
Jumbo Lump Crab Cake	111 / 8 / 3 / 1
Chicken Quesadilla	228 / 14 / 12 / 1
Cheddar Fries.....	302 / 17 / 25 / 2
Classic Sampler	338 / 19 / 25 / 2
Grand Sampler.....	324 / 18 / 17 / 2

Fresh Combinations

Gourmet Chicken Pot Pie (lunch portion)	125 / 90 / 40 / 3
Chicken & Broccoli Quiche	872 / 67 / 34 / 1
Ruby Minis (2).....	655 / 45 / 36 / 1
Turkey Minis (2).....	519 / 33 / 32 / 1

Salads & Soups

Carolina Chicken Salad.....	974 / 68 / 34 / 6
Club House Salad.....	657 / 45 / 9 / 7
White Bean Chicken Chili.....	228 / 8 / 21 / 5
Broccoli & Cheese Soup.....	443 / 34 / 20 / 1
Signature House Salad	438 / 34 / 24 / 4

Chicken

Chicken Fresco	464 / 23 / 6 / 1
Chicken & Broccoli Pasta.....	1682 / 93 / 105 / 12
Gourmet Chicken Pot Pie	1551 / 121 / 48 / 5
Chicken Oscar	469 / 22 / 3 / 1
Chicken Bella.....	626 / 36 / 11 / 3
Parmesan Chicken Pasta.....	1649 / 95 / 116 / 11
Bistro Barbecue Chicken	847 / 45 / 23 / 2

Handcrafted Burgers

Ruby's Classic Burger*	1013 / 71 / 48 / 4
Classic Cheeseburger*	1103 / 78 / 48 / 4
Bacon Cheeseburger*	1193 / 85 / 48 / 4
Smokehouse Burger*	1392 / 96 / 71 / 6
Alpine Swiss Burger*	1266 / 92 / 55 / 6
Ruby Minis (4).....	1310 / 90 / 72 / 2
Bison Bacon Cheeseburger	1072 / 71 / 48 / 5
Turkey Burger.....	812 / 45 / 49 / 4
Avocado Turkey Burger	1034 / 63 / 49 / 7
Bella Turkey Burger	1065 / 65 / 56 / 6
Veggie Burger	953 / 52 / 60 / 15
Chicken BLT	981 / 63 / 59 / 5
Buffalo Chicken Burger	1041 / 71 / 62 / 5

Premium Burgers

Triple Prime Burger*	883 / 56 / 50 / 3
Triple Prime Cheddar Burger*	1063 / 70 / 50 / 3
Jumbo Lump Crab Burger	755 / 45 / 57 / 6
Blackened Fish Burger	796 / 44 / 46 / 3
The Ultimate Chicken Burger.....	1086 / 61 / 46 / 4

Ribs & Rib Combos

Premium Baby Back Ribs

Classic BBQ - Half Rack	493 / 32 / 14 / 0
Classic BBQ - Full Rack.....	986 / 65 / 29 / 0
Memphis Dry Rub - Half Rack	535 / 40 / 3 / 0
Memphis Dry Rub - Full Rack.....	1070 / 79 / 7 / 0
Asian Glazed - Half Rack.....	654 / 46 / 17 / 1
Asian Glazed - Full Rack.....	1307 / 93 / 34 / 1
Ribs & Steak.....	699 / 37 / 16 / 0
Ribs & Bistro Chicken.....	1116 / 68 / 33 / 1
Ribs & Louisiana Fried Shrimp	1409 / 82 / 67 / 2
Ribs & Fire Wings	877 / 56 / 16 / 0

** These menu items are cooked to order. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical conditions.*

Nutrition information does not include any side items, dipping sauces, bread, or crackers served on the side.

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Steaks*

Petite Sirloin - 7 oz.....	206 / 5 / 2 / 0
Top Sirloin - 9 oz.....	256 / 6 / 2 / 0
Peppercorn Mushroom Sirloin.....	604 / 36 / 14 / 2
Bayou Sirloin.....	439 / 21 / 5 / 0
Rib Eye.....	591 / 35 / 5 / 1
Premium Aged Prime Sirloin.....	544 / 30 / 0 / 0
Sirloin & Louisiana Fried Shrimp.....	628 / 22 / 40 / 2
Sirloin & Bistro Chicken.....	739 / 34 / 20 / 1

Seafood

Creole Catch.....	312 / 16 / 0 / 0
Parmesan Shrimp Pasta.....	1216 / 64 / 98 / 10
Louisiana Fried Shrimp.....	423 / 17 / 38 / 2
Asian Glazed Salmon.....	424 / 27 / 7 / 0
Lemon Grilled Salmon.....	504 / 37 / 2 / 0
New Orleans Seafood.....	495 / 31 / 2 / 0

Dressings, Sauces & Toppings

Nutrition information below is for 1 oz. serving.

Blue Cheese.....	177 / 19 / 1 / 0
Creamy Parmesan Dressing.....	97 / 10 / 2 / 0
Ranch.....	101 / 11 / 1 / 0
Light Ranch.....	55 / 5 / 1 / 0
Fresh Avocado Ranch.....	59 / 5 / 3 / 0
Balsamic Vinaigrette.....	35 / 2 / 4 / 0
Salsa.....	10 / 0 / 3 / 0
Barbecue Sauce.....	50 / 0 / 13 / 0
Marinara Sauce.....	17 / 1 / 2 / 0
Sour Cream.....	30 / 2 / 2 / 0
Chocolate Sauce.....	100 / 1 / 23 / 1
Peanut Sauce.....	66 / 3 / 8 / 0
Lemon Butter Sauce.....	93 / 9 / 1 / 0
Sweet & Spicy Chile Sauce.....	170 / 17 / 2 / 0
Asian Barbecue Sauce.....	59 / 3 / 7 / 0
Parmesan Cream Sauce.....	96 / 9 / 2 / 0

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Nutrition information is for one serving and is based on lab analysis of food products prepared in our test kitchen or by our suppliers. Due to food preparation, amounts may vary.

Kids' Meals

Pasta with Marinara.....	314 / 4 / 53 / 7
Pasta with Butter.....	448 / 24 / 43 / 5
Chicken Tenders & Fries.....	714 / 31 / 74 / 7
Chicken Breast & Broccoli.....	276 / 12 / 5 / 3
Chop Steak & Mashed Potatoes.....	497 / 35 / 29 / 4
Macaroni & Cheese.....	714 / 37 / 65 / 0
Mini Cheeseburgers & Fries.....	907 / 49 / 82 / 5
Turkey Minis & Fries.....	893 / 47 / 82 / 6

Side Items

Sautéed Baby Portabella Mushrooms..	173 / 14 / 7 / 2
Premium Baby Green Beans.....	85 / 5 / 5 / 3
Fresh Steamed Broccoli.....	103 / 7 / 4 / 3
Fresh Tomato & Mozzarella Salad.....	112 / 7 / 6 / 1
Creamy Mashed Cauliflower.....	153 / 10 / 9 / 5
Mashed Potatoes.....	254 / 15 / 29 / 4
Brown-Rice Pilaf (with cheese & tomatoes).....	221 / 6 / 33 / 2
Baked Potato (with butter & sour cream).....	459 / 19 / 51 / 11
Baked Potato (with cheese, bacon, sour cream & butter).....	614 / 32 / 52 / 11
Fries.....	359 / 13 / 52 / 5
Bread.....	135 / 6 / 17 / 0
Signature House Salad.....	438 / 34 / 24 / 4

Desserts

Chocolate Chip Cookie (1 cookie).....	320 / 15 / 40 / 2
White Chocolate Macadamia Nut Cookie (1 cookie).....	340 / 20 / 38 / 1
Double Chocolate Cake.....	955 / 48 / 112 / 6
Gourmet Cookie & Ice Cream.....	750 / 37 / 92 / 2
Blondie.....	677 / 31 / 91 / 2
Chocolate Tallcake.....	605 / 21 / 93 / 1
Strawberries & Ice Cream.....	914 / 50 / 95 / 3

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