

Fee Schedule

Nutrition Services:

Initial Session	1 Hour	\$	95.00
Follow-Up	Every 15 min.	\$	22.50

Specialty Services

Bariatric Surgery Evaluation	1 Hour	\$	142.50
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Follow-Up Packages

(Expires 1 year after date of purchase)

3 Hours	\$	250.00
6 Hours	\$	495.00
12 Hours	\$	990.00

MealLogger

Two Week "Wake Up" Service

- * Feedback for every meal for the first week
- * Comments provided three times a week on the second week of food records, which includes targeted personal suggestions on how to improve your eating habits

\$ 59.00

One Month "Get Healthy Now"

- * Includes feedback of every meal for the first two weeks
- * Comments provided three times per week on remainder of food records
- * A registered dietitian monitors your progress and provides weekly advice on how to make lasting changes for your health

\$ 99.00

One Month "Maintenance" Program

- * Includes feedback 2 times each week
- * A registered dietitian monitors your progress and provides weekly advice on how to make lasting changes for your health
- * Monthly summary of your overall changes and nutrition goals
- * Existing clients only

\$ 49.00

*** Customized MealLogger programs available. Please ask for details.**

*** All nutrition or fitness packages are non-refundable but may be transferrable to other in-house services or products.**