

Fee Schedule

Personal Training & Fitness Services:

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|--|-----------------|----|-----------|
| Individual Per Hour / Buddy Rate | (1 hr session) | \$ | 50 / 70 |
| Follow-Up Sessions & Packages | | | |
| (Individual / Buddy) | 30 min | \$ | 30 / 40 |
| Expires 1 year after date of purchase | 1 Hour | \$ | 50 / 70 |
| | 3 Hour Package | \$ | 140 / 200 |
| | 6 Hour Package | \$ | 275 / 395 |
| | 12 Hour Package | \$ | 550 / 790 |
| Open Fitness * | Per Visit | \$ | 5.00 |
| | Per Month | \$ | 30.00 |

*Scheduled sessions; Must be a registered client within a class series and/or personal training sessions

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|--------------------------------|-------------------|---------------|----|--------|
| Group Training Classes: | Drop-In Rate | Per Class | \$ | 7.00 |
| | 1-day/week Series | 6 Week series | \$ | 30.00 |
| Zumba: | Drop - In Rate | Per Class | \$ | 7.00 |
| | 1-day/week Series | 6 Week series | \$ | 30.00 |
| p90x Class Series | 5-day/week Series | 6 Week Series | \$ | 150.00 |