

Advantage Nutrition & Wellness, LLC
Fee Schedule

Nutrition Services:

Initial Session	1 Hour	\$95.00
Follow-Up	Every 15 min.	\$22.50
Speciaty Services		
Bariatric Surgery Evaluation	1 Hour	\$142.50
Follow-Up Packages*		
Expires 1 year after date of purchase	3 Hours	\$250.00
	6 Hours	\$495.00
	12 Hours	\$990.00

Personal Training Services:

Initial Session (Buddy)	(2) 1 Hour Sessions	\$100.00 (\$140.00)
Includes Fitness Evaluation and Program Implementation in 2 separate sessions.		
Follow-Up Packages (Buddy)*		
Expires 1 year after date of purchase	30 Minutes	\$30.00 (\$40.00)
	1 Hour	\$50.00 (\$70.00)
	3 Hour Package	\$140.00 (\$200.00)
	6 Hour Package	\$275.00 (\$395.00)
	12 Hour Package	\$550.00 (\$790.00)
	24 Hour Package	\$1100.00 (\$1480.00)

Fitness & Yoga Services:

Open Fitness	Per Visit	\$5.00
	Per Month	\$30.00
Scheduled sessions; Must be a registered client within class series or personal training sessions		
Group Personal Training Classes*		
	Drop-In Rate	\$12.00
	3 Day/Week Series	Monthly \$90.00
	Boot Camp	6 Week Series \$150.00
Yoga Classes*		
	Drop-In	\$15.00
	5 Class Package	\$65.00
	10 Class Package	\$115.00
	20 Class Package	\$200.00
Personal Yoga	1 Hour	\$55.00
Receive 15\$ off each attendee when pre-registered a a group of 2 or more		

* All nutrition or fitness packages are non-refundable but may be transferrable to other in-house services or products.